

Amazing Opportunities – Sociology, Sport and Music

<https://www.futurelearn.com/>

Incarceration: Are prisons a suitable punishment?

Explore life inside UK prisons. Learn whether this type of punishment reduces crime and if rehabilitation can prevent reoffending.

<https://www.futurelearn.com/courses/incarceration-prisons-suitable-punishment>

Sport for Sustainable Development: Designing Effective Policies and Programmes

Explore the ways in which sports can actively contribute to the advancements of the Sustainable Development Goals.

<https://www.futurelearn.com/courses/sport-for-sustainable-development>

How to Write Your First Song

Get a practical introduction to the mechanics of song writing and meet established songwriters with this free online course

<https://www.futurelearn.com/courses/songwriting>

The five elements of music

<https://www.futurelearn.com/courses/songwriting/0/steps/5711>

Looking inside a song

<https://www.futurelearn.com/courses/songwriting/0/steps/5710>

Making Music with Others

Get an introduction to group music-making and the social contexts in which musicians participate. <https://www.futurelearn.com/courses/making-music>

Remember, this shows that you are motivated, committed and proactive with your learning and can organise your time productively and are proactive

