

Domestic Abuse

Not everyone is safe at home

It is **NEVER** ok to:

- Hurt You
- Threaten You
- Control You
- Be sexual if you say NO

If you are in danger call 999

Or phone 0808 2000 247
for the free helpline

Don't feel alone



There are lots of ways someone can abuse you



Does the person make you feel scared?



If you don't feel safe - tell someone you trust



It is ok to leave your home from domestic abuse

