

## Message from the Head Teacher:

And so ends the first term back after summer... where did that time go!!

All our years have been amazing, they all hit the ground running on their return and have achieved some amazing results. We have to say a particular well done to our new year 7, it's a very daunting experience starting secondary school, the school is huge, the other students are huge, but they have taken it in their stride and coped extremely well.

Please all enjoy a well deserved week whatever your plans and we'll see you fit and ready for the next half term leading us into Christmas.

## Attendance Matters:

The attendance team would like to thank all parents and carers in ensuring that their child arrives to school every day and on time. Of course, during the upcoming winter weeks we know that the dreaded coughs and colds will be with us but please still send your child into school. We have many supporting members of staff who will assess and look after your child and if they are too unwell to continue for the day we will make contact with you. This will ensure that their attendance record is positive. If your child has had three days off (or more) this half term, unfortunately, this has resulted with an attendance record of below 90% which we class as PA (Persistent Absent) but this percentage of course will improve the more your son/ daughter attends next Autumn half term. We hope that you all have a wonderful and week. Warmest regards The Attendance Team #AttendanceMatters

## Behaviour:

### Care

Head lice are a common problem, especially among schoolchildren and can affect anyone. Head lice are not a serious problem but they are difficult to remove.

Though head lice may be a nuisance, they don't cause serious illness or carry any diseases. Please could we ask you to regularly check your child for head lice and treat if required.

Head lice can be treated at home and the below link offers any guidance you may need if required.

<https://www.gov.uk/guidance/head-lice-pediculosis>

### Autumn / Winter Uniform

Week commencing 31<sup>st</sup> October (the week returning from half term) students may wear their NBA hoodies under their blazers. We must stress that only the official NBA hoodie can be worn no logo'd items will be permitted and the student will be asked to take

This will be reviewed again when spring half term 2023 begins.

**LEAD:**

**Form of the fortnight:** 9N For having the most reward points in Lead house well done 9N

**Star of the fortnight:** Anastasia C 7O for being the most rewarded student in Lead well done

**EMPOWER:**

**Form of the fortnight:** 8B For having the most rewards point in Empower house well done 8B

**Star of the fortnight:** Lily-Mai K 10O for having an amazing week in school well done Lily

**ACHIEVE:**

**Form of the fortnight:** Well done to 7A with 96.13% attendance, amazing

**Star of the fortnight:** A massive well done to Elizabeth H for always trying her best and being so polite around the academy

**DRIVE:**

**Form of the fortnight:** Well done to 7R with 97.14%, keep it up guys

**Star of the fortnight:** Nargess A for the most amount of reward points this week - your a star!

## Thoughts for the Weeks Ahead and PSHE Topics:

**Week commencing 31<sup>st</sup> October:** Lead - 'If you want others to be happy practice compassion. If you want to be happy practice compassion' - Lhamo Thondup, 14<sup>th</sup> Dalai Lama

**Week commencing 7<sup>th</sup> November:** Achieve - 'Courage is not being afraid, it's being afraid and doing it anyway' - Gina Bianchini, Investor.

## Theme Remembrance

**Year 7 will be covering:**

What a 'cenotaph' is;  
Why the Royal British Legion was formed; and  
Why people wear a poppy.

**Year's 8 – 11 will be covering:**

How our community remembers;  
What service is; and  
How people serve others.



## Safeguarding:



Around 1,000 people visit A&E for treatment of a firework-related injury in the four weeks around Bonfire Night, with under-18s suffering many of the injuries."

"It's even more devastating because these injuries can be avoided, through proper firework and bonfire conduct. We want people to understand the dangers and follow simple safety steps to ensure everyone has an enjoyable, injury-free celebration."

### Fireworks

- Only adults should deal with setting up firework displays, the lighting of fireworks and the safe disposal of fireworks once they have been used. Children should not be asked to help at any stage.
- Children should watch displays from a safe distance – they should be well away from both the fireworks and any bonfires.
- Families should keep a torch, buckets of water, eye protection, gloves and a bucket of soft earth on hand. The bucket of sand can be used to place fireworks in ready to be lit.

### Bonfires

- The area around the fire should be cordoned off and any children nearby should be supervised at all times.
- The fire should be lit away from wooden fences, sheds and any places where children will be playing.
- Petrol, paraffin or sprits should never be poured directly onto a fire. Families should use fire lighters to prevent sudden flare-ups.

### Sparklers

- Sparklers should not be given to children under five.
- Adults should never hold a baby while using a sparkler.
- Sparklers should not be waved close to other people.
- Anyone holding a sparkler should keep it at arm's length and wear gloves.
- After they have been used, sparklers should be placed in a bucket of cold water.

## Safeguarding:



### Halloween Safety Tips:

- **Be Fire Aware:**

Of course, Halloween is a time for fabulous costumes ranging from brilliant bats to ghoulish ghosts. However, fancy dress costumes can pose a fire hazard. So keep costumed children well away from naked flames or avoid flames altogether.

- **Be Road Aware:**

Many Halloween costumes rely on dark fabrics to add to their spook-factor, and eager kids to get to their next sweetie haul aren't going to be the most aware near roads. The combination makes for very real danger near roads. So where possible, use light fabrics, add some reflective tape, and keep kids close and under control near roads.

- **Paint not Masks:**

Masks might seem a great idea for a quick Halloween transformation, but the reality is they can be a trip hazard, especially as your child tries to navigate unknown dark house paths. Use face paints instead, and ensure your child looks great and can see where they are going.

- **Get the Fit Right:**

Costumes aren't designed for everyday wear, but on Halloween you're asking a lot of them. Make sure they fit well without excess fabric from capes or dresses posing a trip hazard.

- **Label Your Child:**

Of course you're going to stay close to little ones when out trick or treating, but it's remarkably easy to lose sight, in the dark, of excited little people moving from house to house in a group. Pop your phone number on your child's costume somewhere.

- **Head out Early:**

If your children are under their teens then you should be heading out trick or treating earlier in the evening. Later on and you risk your little ones getting scared by more sinister costumes of older revellers.

## **Mental Health & Wellbeing:**

### Student wellbeing surveys: Year's 7,8, and 9

Between Wednesday 2nd - Friday 4th November, key stage three students will be completing wellbeing surveys in one of their INFORM sessions. The purpose of these surveys is to assess the wellbeing of all KS3 students in the Academy, aid early identification of mental ill health, and use the results to plan and deliver appropriate intervention and support.

We have a range of support mechanisms in school, which can be offered, where appropriate, and these include:

**Pastoral support (All years)** - Pastoral teams conduct weekly checks, daily drop-ins and can support other struggles students in their houses may face.

**Mental Health Support Team (All years)** - Due to our status as a Centre of Excellence for Mental Health, the MHST aim to deliver evidence-based interventions for mild-to-moderate mental health issues.

**School Counselling (All years)** - Karen Smith our school counsellor conducts 1:1 or small group sessions following referrals to the Academy Mental Health Team.

**Winning Minds (Year 7)** - Delivered by Derby County Community Trust. Winning Minds engages children and young people through a leadership and community development programme, aiming to develop their personal skills such as confidence and self-esteem.

**The SPACE project (year 8)** - The Academy Mental Health Team will deliver an emotional resilience programme through sport.

**The Blues Programme (Year 9)** - Delivered by the Mental Health Support Team, Changing Lives service. Over six weeks, it teaches emotional resilience, and reduces low mood and anxious thoughts. Crucially, it gets teenagers talking.

### National Stress Awareness Day - Wednesday 2<sup>nd</sup> November 2022

Feeling stressed and being under pressure is a normal part of life. However, becoming overwhelmed by stress can lead to mental health problems or make existing problems worse. On the 2<sup>nd</sup> of November 2022, Stress Awareness Day, 'Rethink Mental Illness' will be highlighting the ways that stress can affect people and what you can do to manage your stress before it becomes a problem. Take a look at their website below where you can access resources and support, including their 'How to cope' worksheet;

<https://www.rethink.org/get-involved/awareness-days-and-events/stress-awareness-day/>

Please view our designated mental health webpage that lists external support, for both children and adults, here:

<https://www.noelbakeracademy.co.uk/mental-health-and-wellbeing/>



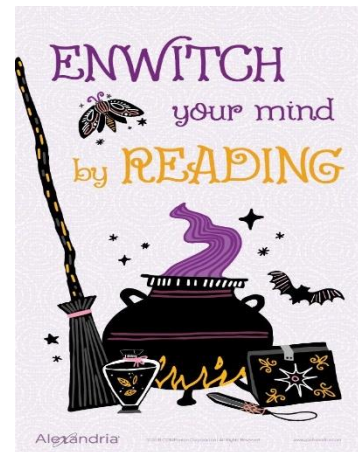
NBA Reads:

## Our School Library



The theme for Black History Month UK 2022 is **Time for Change: Action Not Words, with the aim to learn from the past and improve the future**. There is so much to discover and learn about Black British history and culture and the best books to read. Students can browse in both our fiction and non-fiction libraries, as well as looking on our new website at the wide selection of books that they can borrow.

**“Darkness can not drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that.”** – Martin Luther King Jr.



Two of our brilliant Year 9 Student Librarians have been busy creating our display for Halloween. The books have been very popular and we have been adding to them daily.